



Annual REPORT

FY 2009

Ending in June 2009

ABOUT US

OUR VISION

The Vision of Children's Advocacy Services of Greater St. Louis is that communities will respond to families impacted by childhood trauma in a prompt, coordinated manner that ensures physical and psychological safety, promotes justice and supports recovery.

OUR MISSION

The Mission of Children's Advocacy Services of Greater St. Louis is to reduce the effects of trauma experienced by children and adolescents through: trauma informed assessment and counseling, facilitation of multi-disciplinary investigative teams, child-sensitive forensic interviews, consistent victim advocacy, quality undergraduate and graduate training, utilization based research, responsive community outreach, and relevant advocacy to influence public policy.

OUR YEAR END REVIEW

- CASGSL clinicians provided trauma informed counseling to 456 children and their families through 4,847 sessions of individual and group counseling in FY 09
- CASGSL forensic staff interviewed 435 children who were alleged victims of child abuse and neglect in FY 09
- CASGSL trained over 35 undergraduate and graduate students in forensic and clinical practicum experiences and provided continuing education to over 1,000 community based professionals
- We learned that over 400 charges were filed against suspects as a result of our FY 09 forensic interviews
- We learned that, on average, each child has experienced 4 traumas *before* seeking services at CASGSL and that 62% of these families are below the poverty level.
- We learned that over 77% of the children we see in our forensic and counseling units are aged 12 or under
- CASGSL's 3rd Annual Keep Kids Safe 5k generated over \$22,000 in donations for the center

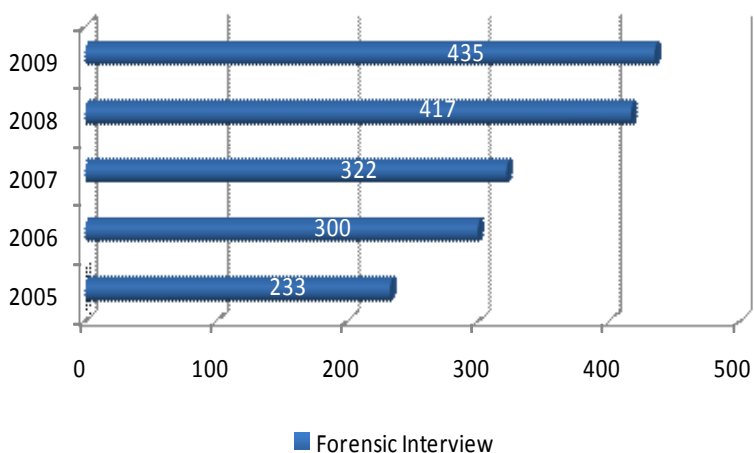




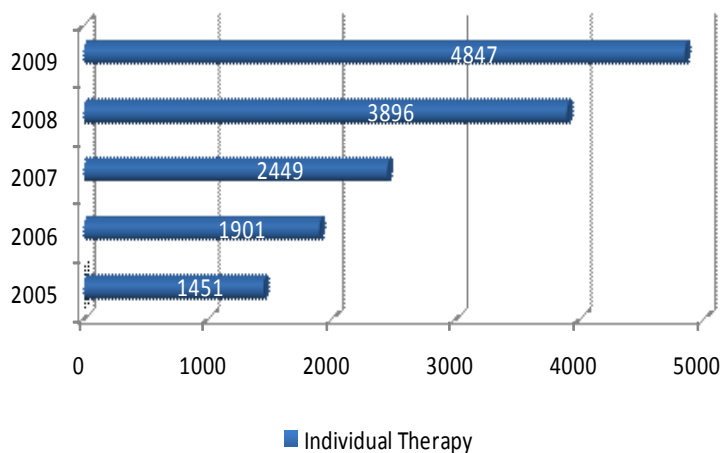
PROFESSIONAL SERVICES OVERVIEW

For the fifth year in a row, CASGSL has increased its overall capacity of individual client service units; FY09 saw a 22.5% increase overall from FY08. The graph below illustrates recent growth in forensic interviews and sessions of individual and family counseling. Group therapy sessions are not included in this graph.

Forensic Interview



Individual Therapy



FORENSIC SERVICES

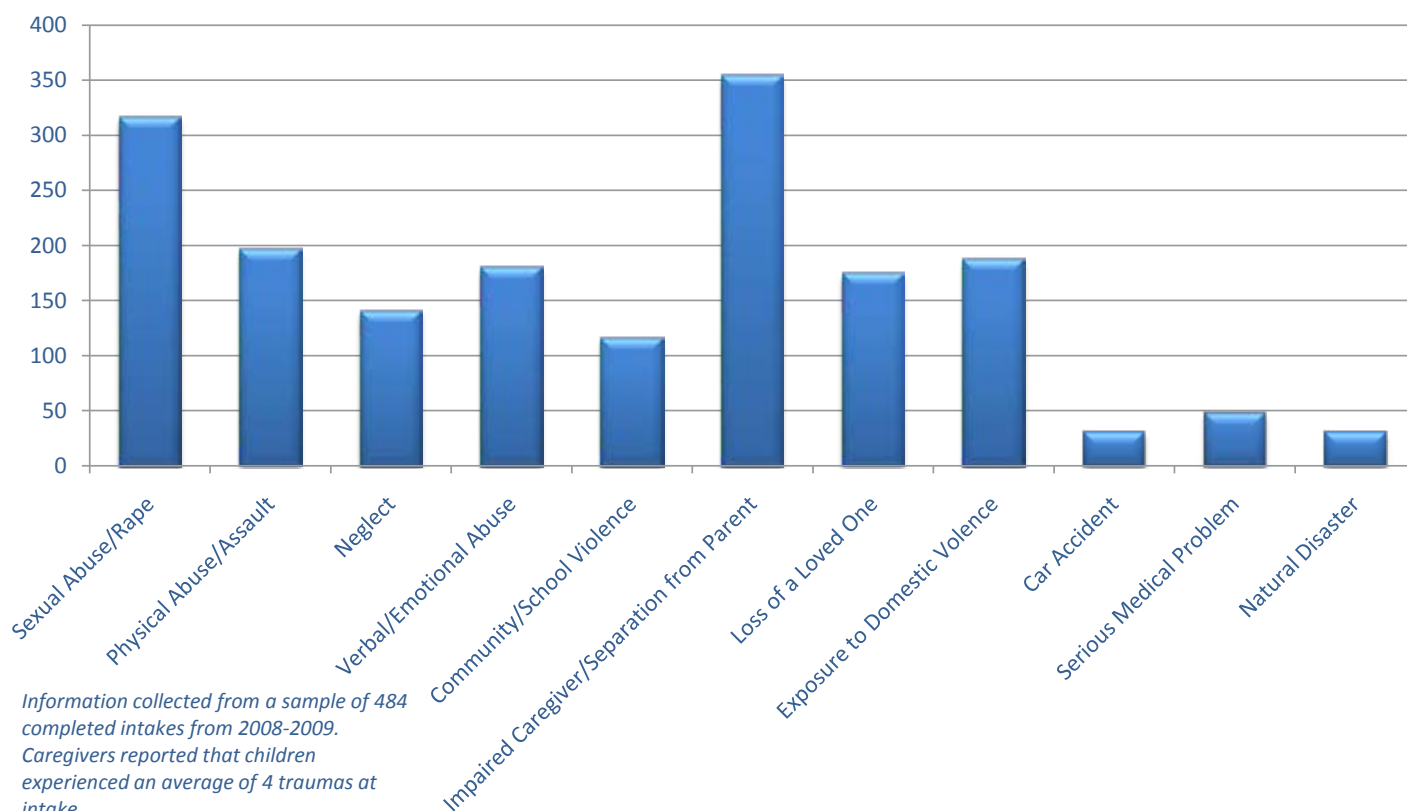
During FY 2009, CASGSL staff completed 441 forensic interviews to assist local law enforcement and child protection services investigations of child abuse and neglect. Approximately 92% of the forensic interviews conducted involved allegations of sexual abuse with 8% focusing on allegations of physical abuse and witnessing violent crimes. The multidisciplinary team (e.g. law enforcement, Children's Division investigators, Prosecuting/Circuit attorney, Family Court personnel, Children's Advocacy Center staff) meets monthly to discuss cases where the child has been seen at CASGSL for a forensic interview. During FY09, the team reported that 142 cases were moving forward within the criminal court system resulting in approximately 450 criminal charges.

“ Thank you to the staff and thanks to CAC.
You made me feel like I can live my life again.

- Forensic client ”

WHO DO WE SERVE?

Traumas Reported at Intake - 2008-2009



COUNSELING SERVICES

CASGSL clinicians offer the most comprehensive array of trauma informed evidence based practices to victims of child maltreatment in the St. Louis metropolitan area. During FY09, 456 children and adolescents received individual and/or family counseling services at CASGSL. A total of 4,847 counseling sessions were provided which represents a 24% increase in capacity from the year before. CASGSL has maintained its clinical presence in St. Louis City by continuing to offer services at the West Pine location. Both locations offered hours in the evenings and Saturdays.

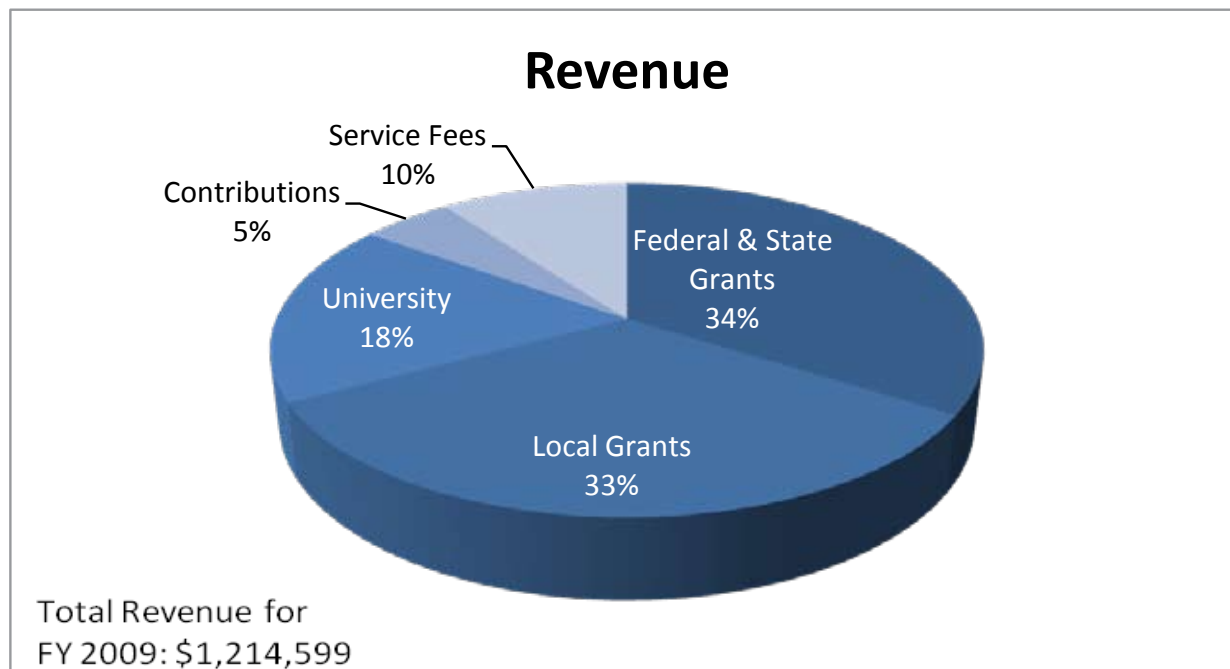
In addition to the families served through individual counseling sessions, over 47 children and their caregivers received group counseling services through CASGSL's three group treatment programs which address various trauma related issues.

Typically, CASGSL clients remain in treatment for approximately 6-9 months and show improvement across several domains at treatment conclusion. CASGSL recently completed a study that assessed CASGSL clients at six month intervals for up to two years post treatment. Preliminary data suggest that CASGSL clients maintained their treatment gains following counseling especially in the areas related to Post Traumatic Stress symptoms (e.g. intrusive thoughts, avoidance of trauma related stimuli, hyperarousal).



FINANCIAL OVERVIEW

Total revenues for CASGSL in FY09 were \$1,214,599

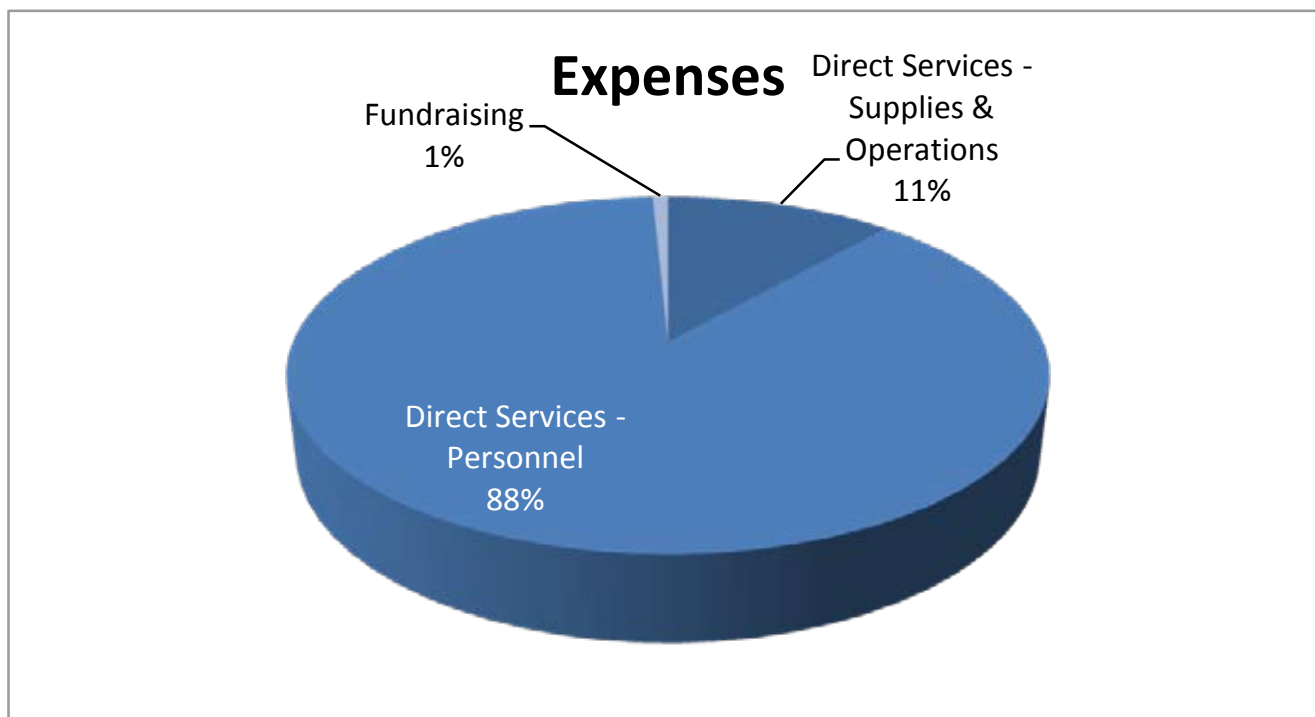


Total revenues for CASGSL in FY08 were \$1,214,599. Total expenses were \$1,093,253. Significant funding sources include \$815,478 in external funding secured through successful grant applications, \$215,508 in Rate funding through the University, \$59,592 in individual, foundation and corporate donations (which includes approximately \$22,000.00 in proceeds from the 3rd Annual Keep Kids Safe 5K) and \$124,021 in fees collected from clients and insurance claims.

EXTERNAL FUNDING OVERVIEW

St. Louis Mental Health Board	\$191,461	Trauma informed counseling for caregivers and children in St. Louis City
St. Louis Mental Health Board	\$205,674	Counseling for complex trauma victims with serious emotional disturbance for St. Louis City residents
Missouri Dept of Social Service	\$291,269	Forensic interviewing services
Missouri Dept of Public Safety	\$ 38,000	Group therapy for child victims of crime
Missouri Dept of Public Safety	\$ 49,210	Victim advocacy services
Missouri Dept Health/Sr Service	\$ 3,850	Sexual assault victims services
Missouri Dept Health/Sr Service	\$ 21,014	Sexual assault prevention services
National Children's Alliance	\$ 10,000	Forensic program support
Boeing Community Fund	\$ 5,000	Counseling scholarships

Total expenses were \$1,093,253.



Total expenses for CASGSL in FY09 were \$1,093,252. Salaries and benefits in the amount of \$958,796 represent the bulk (88%) of CASGSL expenses. CASGSL supports the salaries and benefits of seventeen full time positions and eight part time and student employees.

Operating expenses of \$126,026 (11%) include building maintenance, utility and computing expenses, supplies for programming and general office supplies, as well as Staff Development and travel expenses. Less than 1% of the CASGSL budget was used for fundraising efforts during FY 09.

BUDGET - FY 2009-2010

In 2009-2010, CASGSL will continue to build capacity, seek higher reimbursement rates for clinical services from insurance panels, actively seek donations from individuals and foundations, and implement systematic billing and collection procedures to increase revenues. Anticipated additional expenses include covering the salary and benefits of additional therapists to handle the case load

generated by capacity building efforts. Anticipated operational expenses include costs associated with flooring replacement at both buildings (approximately \$80,000 to \$100,000), completing the installation of additional video equipment in therapy rooms (approximately \$10,000) and replacing outdated computers at both sites (approximately \$12,000).

SCHOLARSHIP OVERVIEW

Drewry, K., Rivera, A. (2009, January 23). *Parent-Child Interaction Therapy*. Presentation for the St. Louis Psychology Internship Consortium. St. Louis, MO.

Drewry, K. (2009, April 2). *Introduction to Child Trauma*. Presentation for the University of Missouri-St. Louis Honors College. St. Louis, MO.

Dunn, J. (2008, August 13). *Trauma 101*. Presentation at St. Louis Public Schools. St. Louis, MO

Dunn, J. (2008, December 1). *Where the Rubber Meets the Road: Implementation of Evidence Based Practices*. Invited Panelist at Evidence-Based Practices for Kids: A Roadmap for Preventing Child Maltreatment, sponsored by George Warren Brown School of Social Work, Washington University in St. Louis. St. Louis, MO.

Dunn, J. (2009, February 8). *Childhood Trauma and Maltreatment: Damages, Dedication and Dilemmas*. Presentation at Ethical Society of St. Louis. St. Louis, MO.

Dunn, J. (2009, March 18). *Compassion Fatigue and Burnout: Can You Take the Heat?* Mini-session presentation at Culture, Trauma, & Healing: Finding What Works Conference, sponsored by National Child Traumatic Stress Network (NCTSN) and Substance Abuse and Mental Health Services Administration (SAMHSA). Orlando, FL.

Fitzgerald, M. (2008, September 22; 2009, February 13, March 31). *Recognizing, Reporting and Responding to Child Abuse*. Presentations at the St. Louis County Police Academy, Rockwood Early Childhood, Clarkson Valley Early Childhood Center and Vandever Early Childhood Center. St. Louis, MO.

Fitzgerald, M. (2009, January 16). *Introduction to the Children's Advocacy Center*. Presentation at St. Louis City Children's Division. St. Louis, MO.

Fitzgerald, M. (2009, June 18). *The Process of Disclosure*. Presentation for the CASGSL Colloquium Series, sponsored by Children's Advocacy Services of Greater St. Louis. St. Louis, MO.

Habib, M. & Kliethermes, M. (January, 2009). *Igniting "SPARCS" (Structured Psychotherapy for Adolescents Responding to Chronic Stress) of Change in Treatment: An Experiential Introduction to a Promising Practice*. Presentation for the 23rd Annual San Diego International Conference on Child and Family Maltreatment. San Diego, CA.

Kliethermes, M. (2008, July 16). *Assessment and Treatment of Childhood Trauma: Part 2*. Presentation at Jewish Family and Children Services. St. Louis, MO.

Kliethermes, M. (2008, October 17). *Trauma 101*. Presentation at University City School District—Social Workers. St. Louis, MO.

Kliethermes, M. (2009, January 15). *Strategies to Help Adolescents Cope with Chronic Stress (SPARCS)*. Presentation for the CASGSL Colloquium Series, sponsored by Children's Advocacy Services of Greater St. Louis. St. Louis, MO.

Kliethermes, M. (2009, March). *Traumatized Youth: PTSD & Beyond*. Presentation for the Children's Trust Fund's 25th Annual Statewide Child Abuse and Neglect Prevention Conference, A Generation of Prevention: Lessons Learned & Pathways to the Future. Jefferson City, MO.

Kliethermes, M. (2009, March, April). *Traumatized Youth*. Invited presentation for staff psychologists at St. Louis Children's Hospital, Department of Psychology. St. Louis, MO.



SCHOLARSHIP OVERVIEW

Kliethermes, M. (2009, June). *An Introduction to Chronic Trauma in Youth*. Invited presentation for staff of the Transitions to Work for Youth Program, a collaboration with Preferred Family Healthcare, Provident and St. Louis Mental Health Board. Grafton, IL.

McQuary, L. (2008, July 16). *Introduction to the Children's Advocacy Center and Cursory Interviews*. Presentation to the Department of Social Services Children's Division-South County. St. Louis, MO.

McQuary, L. (2008, December 9). *Cursory Interview Training*. Presentation to the Department of Social Services St. Louis City Children's Division-Broadway. St. Louis, MO.

McQuary, L. (2009, March 19). *Introduction to the Children's Advocacy Center*. Presentation to St. Louis City Children's Division-Prince Hall. St. Louis, MO.

Pettibone, A., Dunn, S., & Schacht, M. (2009, April). *Aggression in Traumatized Children with Sexual Behavior Problems*. Presentation at the Eighty-First Annual Meeting of the Midwestern Psychological Association. Chicago, IL.

Schacht, M. (2008, July 23). *Trauma 102: Trauma Reactions in Children and Adolescents, and Complex Trauma*. Presentation made at Covenant House. St. Louis, MO.

Tucker, B. (2008, October 3). *Forensic Interviews and Court Preparation*. Presentation at Urban Behavioral Healthcare Institute. St. Louis, MO.

Tucker, B., Fitzgerald, M., & McQuary, L. (2008, November 20). *Children's Advocacy Services: An Introduction to the Forensic Process*. Presentation for the CASGSL Colloquium Series, sponsored by Children's Advocacy Services of Greater St. Louis. St. Louis, MO.

Tucker, B. (2009, January 7). *Child Sexual Abuse*. Presentation at the St. Louis County Police Academy. St. Louis, MO.

Tucker, B., Fitzgerald, M., & McQuary, L. (2009, June 18). *The Process of Disclosure for Sexually Abused Children*. Presentation for the CASGSL Colloquium Series, sponsored by Children's Advocacy Services of Greater St. Louis. St. Louis, MO.

Wilcox, N. (2008, August 14, October 27). *Understanding Families*. Presentations for St. Louis City CASA/ Voices for Children. St. Louis, MO.

Wilcox, N. (2008, December). *Sexual Development in the Context of Sexual Abuse*. Presentation for Edgewood Child and Family Services. St. Louis, MO.

Wilcox, N. (2009, January 15). *Sexual Behavior Problems in Children and Youth*. Presentation for St. Louis Public Schools. St. Louis, MO.

Wilcox, N. (2009, January 22). *Strengths in Families*. Presentation for St. Louis City Voices for Children. St. Louis, MO.

Wilcox, N. (2009, February 19). *Adolescent Sexual Behavior Problems*. Presentation for the CASGSL Colloquium Series, sponsored by Children's Advocacy Services of Greater St. Louis. St. Louis, MO.

Wilcox, N., et al. (2009, May). *Sexual Development and Behavior in Children: A Guide for Parents*. http://nctsn.org/nctsn_assets/pdfs/caring/sexualdevelopmentandbehavior.pdf

Wilcox, N., et al. (2009, May). *Understanding and Coping with Sexual Behavior Problems in Children: Information for Parents and Caregivers*. http://nctsn.org/nctsn_assets/pdfs/caring/sexualbehaviorproblems.pdf

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